



# *Wellness Center*

## *Body & Soul Elixirs*

Specially designed programmes for a truly rare experience and pampering in exclusive settings. They offer both ancient and modern techniques to relieve body and soul.

### **ANCIENT SPIRIT ELIXIR 80' /130€**

A detox treatment which enhances metabolism. A light body scrub exfoliates and prepares the skin for the Special lymphatic massage. Applying a mineral mask with dolomite argil rich in elements and vitamins which will detoxify and tone the skin.

### **ELIXIR MARINE RITUAL 80' /120€**

A journey to the sea: a three-salt exfoliation, made of selected salt for their richness in minerals and trace elements release epidermis from dead cells. Followed by a re-mineralising seaweed wrap and a regenerating massage using beeswax and essential oils

## *Massages & Therapies*

### **ELIXIR AROMA MASSAGE 60' /100€**

Light body exfoliation performed with pure essential oil used as a natural exfoliating scrub. The total body massage that follows concentrates on soothing away tiredness, stress and alleviating tension, inducing relaxation to the body and mind.

### **AROMA MASSAGE 30' /70€ & 50' /95€**

A lavish body treatment concentrating on the back, neck and shoulders using essential oils made from plant and herb extracts. The oils have either detoxifying, stimulating or relaxing properties chosen to suit individual needs. The aroma from the oils has a therapeutic effect, inducing a feeling of well being.



### **MYKONOS MASSAGE 60' /110€**

Inspired by the grooming rituals of the Classical-era beauties. This treatment consists of a total body aromatherapy, head and face massage, reflexology on feet/hands/ears, and Shiatsu.

### **DEEP TISSUE MASSAGE 30' /70€ & 60' /130€**

This amazing therapy rejuvenates the body by using deep pressure massage – no wonder it's the favourite massage in the best spas worldwide! Deep muscle groups are massaged using fingers, fists, forearms or elbows. The result is complete rejuvenation, toning and relaxation that relieve pain, reduce stress and fight inflammation.

### **LYMPHATIC MASSAGE 30' /65€ & 60' /110€**

A detoxifying treatment performed specifically on legs. It activates the lymph glands to flush out liquids, making the muscle tissue firmer. Ideal for combating cellulite and stimulating your body systems.

### **CANDLE MASSAGE 50' /100€**

Relax your soul and body in a warm place, gently lit by the flame of the candle. The soothing scent of creamy wax will lead you to a sensory journey. Its oils awaken your senses and deeply nourish your skin, enhancing the massage experience.

### **KIDS MASSAGE 20' /45€ & 40' /75€**

A unique treatment specially designed for children. Touch is a natural healing therapy. The Kids Massage is ideal for boys and girls aged 5 to 16 years. Natural hypoallergenic oil is applied with a gentle massage. The qualified therapists gently massage the muscles and joints (hands - back - legs - face - neck - scalp - hair).

### **RELAX & REFLEX 30' /70€**

Let yourself indulge in the relaxing process of reflexology on your feet, combined with the care of warm towels and peeling. A combination of pressure points and special massage techniques done on the feet and calves will stimulate the blood circulation and will also remove the tension through the nervous system.

OPENING HOURS: DAILY 10:00 - 18:30

You may contact the Wellness Center directly on ext. 7317 or reception (32). We hope you enjoy your interlude of pampering and relaxation



### **HEAD & FACE MASSAGE 20' /50€**

This relaxing massage performed on the pressure points of the neck, scalp, ears and face concentrates on soothing away tiredness, stress and tension. A wonderful treatment for headaches, stiff and tired muscles as well as obtaining harmony to your mind.

## *Special Therapies*

### **LAP OF LUXURY SEA SCRUB 40' /80€**

Enriched with essential oils, this pleasant care begins with a complete body scrub smooth the skin, and will gently end with the application of a rich body milk to leave your skin luminous and velvety.

### **BODY SLIMMING AND FIRMING 60' /120€**

Complete body treatment to redraw the silhouette, reduce the appearance of cellulite, tone and give a feeling of lightness and well-being to the body. This body mask has a 'sauna' effect and acts effectively on fatty areas. The skin transforms from the first application onwards: the epidermis is firmer, smoother and softer.

### **BACK RITUAL 60' /100€**

A cleansing and relaxing ritual combination of enveloping movements and the use of a self-heating mud to relax the deep muscles and relieve joint tension. The self-heating oligo-active mud detoxifies the body and creates a profound feeling of relaxation in areas of muscle tension.

### **AFTER-SUN TREATMENT 30' /70€**

This after-sun body treatment soothes and refreshes the skin after sun exposure! A specific body wrap with hibiscus flower extract repair the skin, and a complete body moisturizing soothes the sunburn. Intensely hydrated, the skin is soft and the body is perfectly relax.

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## *Face Treatment*

### **PURE GOLD AND COLLAGEN FACIAL 75'/160€**

The ultimate skin brightening treatment using the powerful properties of 24 Carat Gold and Pure Collagen. The facial begins with a plumping Pure Collagen Mask combined with a lifting and toning massage. 24 Carat Gold Leaf is applied and massaged into the skin. The treatment ends with a spritz of Pure Collagen Spray to give a youthful glow.

### **ESSENTIALS FACE THERAPY 50'/100€**

This delightful break in daily life offers a moisturizing and soothing facial to fight pollution negative effects and urban stress. This care will provide you with a privileged moment to bring real comfort to your skin, leaving it fresh and radiant.

### **AGE ANTIDOTE 60'/120€**

The Age Antidote facial is a complete care ritual integrating special anti-ageing ingredients such as Bio-peptides to help resurface the skin, Hyaluronic Acid to plump and hydrate the skin or Adenosine to get an immediate lifting effect.

### **OXYREVITAGE AGE TREATMENT 60'/120€**

Anti-wrinkle treatment for dry, tired and dehydrated skins. The proper combination of active retinol and vitamin C releases oxygen. The epidermis is rebuilt, bright, vigorous and protected from photoaging. An ideal treatment for the summer months.

### **DERMOSTAMINE TREATMENT 60'/135€**

A Face treatment for those worried about age signs. It fights surface and deep wrinkles, helps to regenerate and regenerate skin cells through plant liposomes.

### **MEN'S TREATMENT 60'/100€**

This comprehensive treatment is adapted specifically for men's skin and involves highly concentrated marine oligo-elements. It removes traces of fatigue and strengthens the natural radiance of the skin. This cream mask combines white clay and seaweed to purify and absorb impurities while taking care of sensitive and delicate skins.

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## **SALON TREATMENTS**

Manicure 30´/35€

Long Lasting Manicure 40´/45€

Pedicure 45´/50€

Long Lasting Pedicure 50´/60€

Color Change 15€

Long Lasting Color Change 25€

Long Lasting Remover 10€

## **WAXING TREATMENTS**

Upper lip 10´/20€

Legs & Bikini & Underarms 60´/65€

Legs & Bikini 45´/50€

Lower Legs 20´/30€

Full Legs 40´/40€

Underarms or Bikini, or Lower Arm 15´/25€

Eye brow shaping 15´/10€

Back 30´/35€

## *Special Packages*

### **BODY RELAX 2 HOURS 220€**

10´ Body Scrub

50´ Aroma Massage

50´ Facial Treatment

### **ESCAPE 3 HOURS 270€**

10´ Body Scrub

20´ Body mask,

50´ Aroma Massage

50´ Facial Treatment

30´ manicure

### **MEN'S GETAWAY 3 HOURS 250€**

20´ Body Scrub

50´ Aroma Massage

60´ Men's Treatment

40´ Pedicure

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## **PREPARATION**

- Please arrive 15 minutes before your treatment. Before your treatment, you will be asked to complete a lifestyle questionnaire.
- You will be provided with a bathrobe, towels and slippers.
- Please remove all jewellery and clothing, leaving on your undergarments. For some treatments you will be provided with disposable undergarments by your therapist.
- The management will not be held responsible for the loss of any personal items.

## **TREATMENT**

- During treatments, please let your therapist know if you're comfortable or uncomfortable, too warm or too cold, or if the pressure is too light or too firm. Your comfort and care is our greatest concern and priority.
- If you have a particular injury or physical condition, please inform the therapist who can suggest appropriate adjustments to the treatment for your comfort and to enhance the treatment's effectiveness.
- If you have any questions, your therapist will gladly answer them.

## **CANCELLATION**

We request a minimum of 4 hours' cancellation notice for a single treatment or 24 hours' advance notice for rituals. If you fail to cancel or reschedule your appointment, you will be charged for the scheduled service. Being late for your appointment may shorten the length of your treatment.

## **CHILD REGULATION**

For security reasons, the entrance to Wellness Center is forbidden to children under the age of 16. Children over the age of 16 can attend specific treatments listed above, which are exclusively performed with the consent and escort of a guardian.

## **KINDLY NOTE**

- Mobile phones are not permitted in Wellness Center. This is the time for your body and mind to release the worries and stress of the day.
- Smoking is not permitted in Wellness Center,

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